

# A ROMAN CATHOLIC DRILLBOOK

REVISED EDITION



ROMANITAS PRESS

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## Revised Edition Note

In this post-conciliar crisis, many Roman Catholics are concerned about the teaching of faith and morals, particularly if they are the authentic ones of the Church.

Fortunately, there are many good catechisms available today which are often labeled as “traditional” though in fact are simply “Catholic” as they faithfully present the Church’s unchanging doctrine and morals.

Certainly this catechism drillbook can be considered as “traditional”, having been produced in 1925 and under the title of *Christian Doctrine Drills For Use in the Parochial Schools*.

The unique value of this catechism book is the drill format in which it presents the basic tenets of the Catholic Faith, as well as other important matters.

In republishing this drillbook, it became necessary to make some slight revisions, namely to fasting rules and dates which had been changed after 1925. These matters were brought into conformity with the practices observed in the liturgical calendar of the 1962 Roman Missal. Also a note of clarification made by Pope Pius XII about the sacrament of holy orders has been included. All of these revisions have been plainly marked with an \* and followed by an explanatory note.

Another significant revision has been made to this booklet's size. When first published, this drillbook was made available as an economical pocket edition, so with rather small lettering. This new edition features a larger font size for easier reading which necessitated enlargement of the book's dimensions.

The original compilers of this drillbook had intended it to be widely distributed among school-aged Catholics in America so they could easily learn and remember the tenets of their Christian Faith. With the availability of this revised reprint, I hope that this Roman Catholic catechism will continue to fulfill this salvific object, not only for adolescents, but even adults.

LOUIS J. TOFARI  
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# The Commandments

## DRILL 1

### The Commandments of God

1. I am the Lord thy God; thou shalt not have strange gods before Me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember that thou keep holy the Sabbath Day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shalt not covet thy neighbor's goods.

## DRILL 2

### Precepts of the Church

1. To hear Mass on Sundays and Holy Days of Obligation.
2. To fast and abstain on the days appointed.
3. To confess our sins at least once a year.
4. To receive the Holy Eucharist during the Easter-time.

5. To contribute to the support of our pastors.
6. To observe the laws of the Church concerning Marriage. Not to marry persons who are not Catholics, or who are related to us within the third degree of kindred, nor privately without witness, nor to solemnize marriage at forbidden times.

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# Fast Days and Holy Days

## DRILL 3

### Fast Days\*

(Two small meals not to equal main meal)

1. The forty days of Lent, that is every day from Ash Wednesday to Easter Sunday, Sundays excepted.
2. The Ember Days, that is the Wednesday, Friday and Saturday of the four ember weeks.
3. The Vigils of Easter,\*\* Pentecost, Assumption and Christmas.\*\*\*

*\*Per the Apostolic Constitution Paenitemini of Feb. 17, 1966, the rules listed here for fasting and abstaining are no longer of strict obligation, though they may continue to be observed out of custom. In the United States of America the strict obligation to fast and abstain applies only to Ash Wednesday and Good Friday, while the Fridays of Lent are obligatory days of abstinence. For more details, see the Pastoral Statement of Penance and Abstinence of Nov. 18, 1966 published by National Conference of Catholic Bishops.*

*\*\*Per the instruction Maxima Redemptionis of Nov. 16, 1955, it was obligatory to fast and abstain on Holy Saturday until Midnight, thus modifying the former time of noon as given in the 1917 Code of Canon Law (1252, §4).*

*\*\*\*Per the 1962 universal calendar, the Vigil of All Saints was suppressed (formerly a fast day) and the Vigil of the Immaculate Conception ceased to be a day of fast. Thus these days have been removed from this list.*

## DRILL 4

### Ember Days

1. Wednesday, Friday and Saturday after the third Sunday in Advent.
2. Wednesday, Friday and Saturday after the first Sunday in Lent.
3. Wednesday, Friday and Saturday after Pentecost.
4. Wednesday, Friday and Saturday after the third Sunday of September.\*

*\*Per Rubricarum Instructum of July 25, 1960.*

## DRILL 5

### Rogation Days

Three days immediately preceding Ascension Thursday.

## DRILL 6

### Days of Abstinence\*

**Complete**—All Fridays throughout the year, and Ash Wednesday, and the Vigil of Christmas. (No Meat)

**Partial**—Wednesday and Saturday Ember Weeks, and Holy Saturday\*\* and Vigil of Pentecost

All fast days unless a dispensation is granted.  
(One Meal Meat)

*\*Per the Apostolic Constitution Paenitemini of Feb. 17, 1966, the rules listed here for fast and abstinence are no longer of strict obligation, though they may continue to be observed out of custom. In the United States of America the strict obligation for fast and abstinence applies only to Ash Wednesday and Good Friday, while the Fridays of Lent are obligatory days of abstinence. For more details, see the Pastoral Statement of Penance and Abstinence of Nov. 18, 1966 given by the National Conference of Catholic Bishops.*

*\*\*Per the instruction Maxima Redemptionis of Nov. 16, 1955, it was obligatory to fast and abstain on Holy Saturday until Midnight, thus modifying the former time of noon as given in the 1917 Code of Canon Law (1252, §4).*

## **DRILL 7**

### **Holy Days of Obligation**

1. Christmas.....December 25
2. Circumcision.....January 1
3. Immaculate Conception.....December 8
4. Ascension.....Forty Days after  
Easter
5. Assumption.....August 15
6. All Saint's Day.....November 1

# The Mass

## DRILL 8

### What is the Mass?

The Mass is the perpetual sacrifice of the new law in which Christ offers Himself in an unbloody manner as He once offered Himself in a bloody manner on the cross.

## DRILL 9

### Principal Parts

1. Offertory
2. Consecration
3. Communion of the priest

## DRILL 10

### The Ends for Which the Sacrifice of the Mass is Offered

A.C.T.S.

1. Adoration [A]
2. Contrition [C]
3. Thanksgiving [T]
4. Supplication [S]

## DRILL 11

### Colors and Occasions

1. White: Worn on the Feasts of our Lord, Blessed Virgin Mary, Angels, Saints not Martyrs.

2. Red: Worn on the Feasts of Pentecost, Finding and Exaltation of the Cross, Apostles and Martyrs.
3. Violet: Worn in Advent and Lent, Vigils, Ember Days.
4. Green: Worn on Sundays after Pentecost and Ordinary days of the Year.
5. Black: Worn on Good Friday, Masses for the Dead.
6. Rose: Worn on Gaudete Sunday and Laetare Sunday.
7. Gold: Worn as a substitute for White, Red, Green, or Rose.

#### DRILL 12

### **Sacred Vessels**

1. Chalice
2. Ciborium
3. Monstrance
4. Luna
5. Pyx
6. Paten

#### DRILL 13

### **Vestments Worn at Mass**

1. Amice
2. Alb
3. Cincture

4. Stole
5. Maniple
6. Chasuble

#### **DRILL 14**

### **Kinds of Mass**

1. Low Mass
2. High Mass
3. Requiem Mass
4. Solemn High Mass
5. Pontifical Mass
6. Nuptial Mass
7. Anniversary Mass
8. Votive Mass

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#### **DRILL 15**

### **What is an Altar?**

An altar is a small table of stone or wood on which the priest offers up the holy sacrifice.

#### **DRILL 16**

### **What is the Ciborium?**

The ciborium is the vessel in which hosts destined for communion of the faithful are preserved.



#### **DRILL 17**

### **What are the Chalice Linens?**

The chalice linens properly so called are: the corporal, the pall and the purificator.

#### **DRILL 18**

### **What is the Tabernacle?**

The tabernacle is a kind of chest made of wood, marble, or metal, having a door with lock and key, and containing the Sacred Species.

#### **DRILL 19**

### **What is Meant by Liturgical Vessels?**

This is a name given to the vessels used in divine worship.

#### **DRILL 20**

### **What is the Chalice?**

The chalice is the cup used to hold the wine for consecration.

#### **DRILL 21**

### **What is the Paten?**

The paten is a small round and slightly concaved dish, which covers the mouth of the chalice.

**DRILL 22**

**What is the Luna?**

The Sacred Host used for Benediction is reserved in a Luna, which is placed in the glass portion of the monstrance.

**DRILL 23**

**What is the Pyx?**

The pyx is the container used for transporting the Sacred Species during sick calls.

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# Benediction

## DRILL 24

### Vestments Worn at Benediction

1. Surplice
2. Stole
3. Cope
4. Humeral Veil

## DRILL 25

### What is the Ostensorium?

The ostensorium, or monstrance, is the sacred vessel in which the Blessed Sacrament is exposed for the adoration of the faithful.

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## DRILL 26

### Two Kinds of Genuflection

1. Simple: made with one knee.
2. Profound: made on two knees with a slight bow of the head.

## DRILL 27

### Divine Praises

1. Blessed be God.
2. Blessed be His holy name.
3. Blessed be Jesus Christ, true God and true man.
4. Blessed be the name of Jesus.

5. Blessed be His Most Sacred Heart.
6. Blessed be His Most Precious Blood.
7. Blessed be Jesus in the Most Blessed Sacrament of the Altar.
8. Blessed be the Holy Ghost; the Paraclete.
9. Blessed be the great Mother of God; Mary Most Holy.
10. Blessed be Her Holy and Immaculate Conception.
11. Blessed be Her Glorious Assumption.
12. Blessed be the name of Mary; Virgin and Mother.
13. Blessed be St. Joseph; Her Most Chaste Spouse.
14. Blessed be God; in His Angels and in His Saints.

# The Sacraments

## DRILL 28

### Three Things Necessary to Constitute a Sacrament

1. An outward sign.
2. An inward grace.
3. The institution by Christ.

## DRILL 29

### Seven Sacraments

1. Baptism
2. Confirmation
3. Penance
4. Holy Eucharist
5. Extreme Unction
6. Holy Orders
7. Matrimony

## DRILL 30

### Matter and Form of the Sacraments

#### Baptism

Matter: **Water**

Form: **“I baptize thee in the name of the Father and the Son and of the Holy Ghost.”**

## **Confirmation**

**Matter: Holy Chrism**

**Form: “I sign thee with the sign of the cross and I confirm thee with the chrism of salvation in the name of the Father and the Son and the Holy Ghost.”**

## **Penance**

**Matter: Confession of Sins and Request for Pardon**

**Form: “I absolve thee of thy sins.”**

## **Holy Eucharist**

**Matter: Wheaten Bread and Grape Wine**

**Form: “This is My Body—This is My Blood.”**

## **Extreme Unction**

**Matter: Anointing of the senses with oil**

**Form: The prayer pronounced for the pardon of sins.**

## **Holy Orders**

The matter and form to be used are contained in the rites prescribed in the Roman Pontifical.\*

*\*As clarified by Pope Pius XII in Sacramentum Ordinis (Nov. 30, 1947), for conferring the holy orders of the diaconate, priesthood and episcopacy, the essential matter consists of the imposition of hands and the essential form consists of particular words of the Preface for each of these ordination rites.*

## **Matrimony**

The contract itself is the Sacrament, the contracting parties are its ministers, their own persons are the matter affected, and the form is the expression of their mutual consent.

### **DRILL 31**

## **Sacraments of the Living**

1. Confirmation
2. Holy Eucharist
3. Extreme Unction
4. Holy Orders
5. Matrimony

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## **Sacraments of the Dead**

1. Baptism
2. Penance

### **DRILL 32**

## **Chief Sacramentals**

1. Sign of the Cross
2. Holy Water
3. Crucifix
4. Holy Oil
5. Palms
6. Rosary
7. Missal

8. Relics
9. Blessed Statues
10. Blessed Pictures

**DRILL 33**

**Kinds of Indulgences**

1. Partial
2. Plenary

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# Baptism

## DRILL 34

### Lay Baptism

In order to baptize validly, natural fresh water or holy water is poured on the head, face, or body of the person being baptized; while the words “I baptize thee in the name of the Father and of the Son and of the Holy Ghost” are pronounced.

## DRILL 35

### Renewal of Baptismal Promises

1. Dost thou renounce Satan? I do renounce him.
2. And all his works? I do renounce them.
3. And all his pomps? I do renounce them.
4. Dost thou believe in God the Father Almighty, creator of heaven and earth? I do believe.
5. Dost thou believe in Jesus Christ, His only Son, Our Lord. Who was born and Who suffered for us? I do believe.
6. Dost thou believe also in the Holy Ghost, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I do believe.
7. Making the sign of the cross saying: The

Father Who created you, the Son Who redeemed you, and the Holy Ghost Who sanctifies you. Amen.

### **DRILL 36**

## **Three Kinds of Baptism**

1. Water
2. Blood
3. Desire

## **Scriptural Proof of Baptism**

“And he said to them: Go ye into the whole world, and preach the gospel to every creature. He that believeth and is baptized shall be saved; but he that believeth not shall be condemned.” St. Mark, 16:15, 16.

# Confirmation

## DRILL 37

### Gifts of the Holy Ghost

1. Wisdom
2. Counsel
3. Understanding
4. Knowledge
5. Fortitude
6. Piety
7. Fear of the Lord

## DRILL 38

### Fruits of the Holy Ghost

1. Charity
2. Joy
3. Peace
4. Patience
5. Longanimity
6. Goodness
7. Benignity
8. Mildness
9. Faith
10. Modesty
11. Continency
12. Chastity

## **Scriptural Proof of Confirmation**

“Now he that confirmeth us with you in Christ, and that hath anointed us, in God: Who also hath sealed us, and given the pledge of the Spirit in your hearts.” 2 Cor., 1:21, 22.

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# Penance

## DRILL 39

### **Perfect Contrition**

Contrition is perfect when it rises from a perfect love, that is, when we hate sin more than all evil, because it offends God, the Supreme Good.

### **Imperfect Contrition**

Contrition is imperfect when it arises from an imperfect love, that is, when we hate sin because by it we lose Heaven, and deserve Hell, or because the sin is so hateful in itself.

## DRILL 40

### **Five Things Necessary for a Good Confession**

1. We must examine our conscience.
2. We must have sorrow for our sins.
3. We must make a firm resolution not to commit these sins again.
4. We must confess our sins to the priest.
5. We must accept the penance the priest gives us.

## DRILL 41

### **Classes of Sin**

1. Original
2. Actual

**DRILL 42**

**Two Kinds of Actual Sin**

1. Mortal
2. Venial

**DRILL 43**

**Three Things That Constitute a Mortal Sin**

1. Grievous matter
2. Sufficient reflection
3. Full consent of the will

**DRILL 44**

**Four Ways of Committing Sin**

1. Thought
2. Word
3. Deed
4. Omission

**DRILL 45**

**Seven Capital Sins and Opposite Virtues**

1. Pride—Humility
2. Avarice—Liberality
3. Lust—Chastity
4. Anger—Meekness
5. Gluttony—Temperance

6. Envy—Charity
7. Sloth—Diligence

#### **DRILL 46**

### **Sins Against the Holy Ghost**

1. Presumption of God's mercy
2. Despair of God's grace
3. Impugning the known truth
4. Envy of another's spiritual good
5. Obstinacy in sin
6. Final Impenitence

#### **DRILL 47**

### **Sins Crying Out to Heaven for Vengeance**

1. Premeditated murder
2. Sodomy
3. Oppression of the poor, widows and orphans
4. Defrauding laborers of their wages

#### **DRILL 48**

### **Nine Ways of Being an Accessory to Another's Sin**

1. Counsel
2. Command
3. Consent

4. Concealment
5. Provocation
6. Partaking
7. Praise
8. Silence
9. Defending ill done

#### **DRILL 49**

### **Four Last Things**

1. Death
2. Judgment
3. Heaven
4. Hell

### **Scriptural Proof of Penance**

“He said therefore to them again: Peace be to you. As the Father hath sent me, I also send you. When he had said this, he breathed on them; and said to them: Receive ye the Holy Ghost. Whose sins you shall forgive, they are forgiven them; and whose sins you shall retain, they are retained.” St. John, 20:21-23.



# Holy Eucharist

## DRILL 50

### **Six Reasons for the Institution of the Holy Eucharist**

1. To unite us to God Himself, and to nourish our soul with His divine life.
2. To increase sanctifying grace, and all virtues in our soul.
3. To lessen our evil inclinations.
4. To be a pledge of everlasting life.
5. To fit our bodies for a glorious resurrection.
6. To continue the sacrifice of the cross in His Church.

## DRILL 51

### **What is Meant by Transubstantiation?**

At the words of consecration, the entire substance of the bread and the wine is changed into the Body, Blood, Soul and Divinity of Our Lord, Jesus Christ.

## DRILL 52

### **Spiritual Communion Prayer**

O my dear Jesus, since I cannot now receive Thee sacramentally, come at least spiritually into my heart. Grant me the grace to be an apostle of Thy Sacred Heart. My Jesus Mercy!

## **Scriptural Proof of Holy Eucharist**

“Then Jesus said to them: Amen, Amen, I say unto you except you eat the flesh of the Son of Man and drink his blood, you shall not have life in you.” St. John, 6:53.

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# Extreme Unction

## DRILL 53

### Preparation of a Sick Room

1. A chair near the bed for the priest.
2. A small table covered with a clean white cloth.
3. A crucifix in the center of the table.
4. Two blessed candles.
5. A glass of holy water.
6. A glass of drinking water with a spoon.
7. A napkin as a Communion cloth for the sick.
8. A finger bowl and towel for the priest's fingers.
9. A piece of cotton and a lemon if possible.

## DRILL 54

### Holy Oils

1. Oil of the sick used for the Sacrament of Extreme Unction
2. Baptismal Oil used for the Sacrament of Baptism
3. Chrism used for the Sacrament of Confirmation and the Consecration of a Bishop

## **DRILL 55**

### **Properties of a Glorified Body**

1. Lucidity
2. Agility
3. Immortality
4. Impassibility
5. Spirituality

### **Scriptural Proof of Extreme Unction**

“Is any one among you sick? Let him bring in the presbyters of the Church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick man, and the Lord will raise him up, and if he be in sins, they shall be forgiven him.” St. James, 5:14, 15.

# Holy Orders

DRILL 56

## Minor Orders

1. Acolyte
2. Exorcist
3. Reader
4. Porter

## Major Orders

1. Subdeacon
2. Deacon
3. Priest

## Scriptural Proof of Holy Orders

“Thou art a priest forever, according to the order of Melchisedech.” Hebrews, 1:6.

# Matrimony

## DRILL 57

### Forbidden Times

1. Advent
2. Lent

## DRILL 58

### Impediments toward Marriage

1. Not to marry persons who are not Catholics.
2. Not to marry family up to the third degree kindred.
3. Not to marry privately without witnesses.
4. Not to marry during forbidden times nor on Sundays or Holy Days of Obligation.

### Scriptural Proof of Matrimony

“For this cause shall a man leave his father and mother, and shall cleave to his wife, and they shall be two in one flesh. This is a great sacrament; but I speak in Christ and in the church.” Ephesians, 5:31-32.

# Faith

## DRILL 59

### What is Faith

Faith is a divine, theological virtue infused into our souls by which we firmly believe as infallibly true, whatever God has revealed and His Church teaches.

## DRILL 60

### Qualities of Our Faith

1. Firm
2. Constant
3. Living
4. Universal

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## DRILL 61

### Chief Mysteries of Our Faith

1. Unity
2. Trinity
3. Incarnation
4. Death of our Savior
5. Resurrection

# The Catholic Church

## DRILL 62

### Four Marks of the Church

1. One
2. Holy
3. Catholic
4. Apostolic

## DRILL 63

### What is a Parish Church?

A parish church is one served by a pastor or a rector.

## DRILL 64

### What is a Cathedral?

A cathedral is a church that is the official church of a bishop

## DRILL 65

### What is a Metropolitan Church?

A metropolitan church is an official church served by an archbishop.

## DRILL 66

### Dignitaries of the Church

1. Pope
2. Bishop
3. Priest



**DRILL 67**

**Truths of the Catholic Church**

The chief truths of the Catholic Church are found in the Apostles' Creed.

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# Virtues

## DRILL 68

### Cardinal Virtues

1. Prudence
2. Temperance
3. Fortitude
4. Justice

## DRILL 69

### Theological Virtues

1. Faith
2. Hope
3. Charity

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## DRILL 70

### Spiritual Works of Mercy

1. To admonish the sinner
2. To instruct the ignorant
3. To counsel the doubtful
4. To comfort the sorrowful
5. To bear wrongs patiently
6. To forgive all injuries
7. To pray for the living and the dead

## DRILL 71

### **Corporal Works of Mercy**

1. To feed the hungry
2. To clothe the naked
3. To give drink to the thirsty
4. To give shelter to the homeless
5. To visit the imprisoned
6. To visit the sick
7. To bury the dead

## DRILL 72

### **Evangelical Counsels**

1. Poverty
2. Chastity
3. Obedience

## DRILL 73

### **The Eight Beatitudes**

1. Blessed are the poor in spirit; for theirs is the kingdom of God.
2. Blessed are the meek; for they shall possess the land.
3. Blessed are they that mourn; for they shall be comforted.
4. Blessed are they that hunger and thirst after justice; for they shall be filled.
5. Blessed are the merciful; for they shall obtain mercy.

6. Blessed are the clean of heart; for they shall see God.
7. Blessed are the peacemakers; for they shall be called children of God.
8. Blessed are they that suffer persecution for justice' sake; for theirs is the kingdom of heaven.

#### **DRILL 74**

### **Three Kinds of Grace**

1. Actual Grace
2. Sacramental Grace
3. Sanctifying Grace

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# Feasts of the Church

## DRILL 75

### Feasts Which Depend Upon Easter

1. **Easter** occurs the first Sunday after the full moon after March 21st.
2. **Ascension Thursday** occurs forty days after Easter.
3. **Pentecost** occurs ten days after Ascension Thursday or fifty days after Easter.
4. **Trinity Sunday** occurs the first Sunday after Pentecost or fifty-seven days after Easter.
5. **Corpus Christi** occurs the Thursday after Trinity Sunday or sixty-one days after Easter.
6. **Sacred Heart** occurs the first Friday after the octave of Corpus Christi or seventy days after Easter.

## DRILL 76

### Principal Feasts of Our Lord

1. Christmas—December 25
2. Circumcision—January 1
3. Easter—First Sunday after First Full Moon after March 21st
4. Ascension—Forty Days after Easter
5. Corpus Christi—First Thursday after Trinity Sunday
6. Sacred Heart—First Friday after the Octave of Corpus Christi

### **DRILL 77**

## **Threefold Birth of Christ**

1. Eternal birth in the bosom of the Father.
2. Temporal birth in Bethlehem.
3. Spiritual birth in our souls at Communion.

### **DRILL 78**

## **Principal Feasts of the Blessed Virgin Mary**

1. Immaculate Conception—December 8
2. Purification—February 2
3. Annunciation—March 25
4. Mediatrix of All Graces—May 31
5. Assumption—August 15
6. Presentation—November 21

### **DRILL 79**

## **Dedication of the Year**

1. January—Holy Childhood
2. February—Holy Family
3. March—St. Joseph
4. April—Holy Ghost
5. May—Blessed Virgin
6. June—Sacred Heart
7. July—Precious Blood
8. August—Blessed Sacrament

9. September—Seven Dolors
10. October—Holy Rosary
11. November—Holy Souls
12. December—Immaculate Conception

**DRILL 80**

**Dedication of the Week**

1. Sunday—Blessed Trinity
2. Monday—Souls in Purgatory
3. Tuesday—Guardian Angels
4. Wednesday—St. Joseph
5. Thursday—Blessed Sacrament
6. Friday—Precious Blood
7. Saturday—Blessed Virgin Mary

# Prayer

DRILL 81

## Rosary

### The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding of the Child Jesus in the Temple

### The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning of Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death of Our Savior

### The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Ghost upon Our Lady and the Blessed Apostles
4. The Assumption of Our Lady
5. The Crowning of Our Lady Queen of Heaven and of Earth



## DRILL 82

### Stations of the Cross

1. Jesus is condemned to death...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
2. Jesus is made to bear His cross...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
3. Jesus falls the first time...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
4. Jesus meets His afflicted Mother...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
5. Jesus is helped to carry His cross by Simon of Cyrene...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
6. Jesus face is wiped by Veronica...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
7. Jesus falls the second time...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
8. Jesus speaks to the women of Jerusalem... We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
9. Jesus falls the third time...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*

10. Jesus is stripped of His garments...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
11. Jesus is nailed to the cross...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
12. Jesus dies on the cross...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
13. Jesus is taken down from the cross...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*
14. Jesus is placed in the sepulcher...We adore Thee, O Christ and we bless Thee, *Pater, Ave, Gloria.*

### DRILL 83

## **Seven Sorrows of the Blessed Virgin Mary**

1. The Prophecy of Simeon—Hail Mary
2. The Flight into Egypt—Hail Mary
3. The Loss of the Child Jesus for Three Days—Hail Mary
4. The Meeting of Jesus and Mary on the Way to Calvary—Hail Mary
5. The Death of Jesus—Hail Mary
6. The Piercing of the Side of Jesus—Hail Mary

7. The Burial of Jesus—Hail Mary

**DRILL 84**

**Public Litanies of the Church**

1. Litany of the Holy Name
2. Litany of the Sacred Heart
3. Litany of the Precious Blood
4. Litany of the Blessed Virgin Mary
5. Litany of St. Joseph
6. Litany of the Saints

**DRILL 85**

**Principal Novenas of the Church**

1. Infant Jesus of Prague
2. Our Lady of Lourdes
3. Our Lady of Fatima
4. St. Joseph
5. Sacred Heart
6. Immaculate Heart

**DRILL 86**

**Prayers Every Catholic Should Know  
by Heart**

1. Our Father
2. Hail Mary
3. Glory Be
4. Apostles' Creed

5. Angelus
6. Prayer Before a Crucifix
7. Act of Faith
8. Act of Hope
9. Act of Charity
10. Prayer Before and After Meals
11. Act of Contrition

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# Holy Bible

## DRILL 87

### Principal Attributes of God

1. Almighty
2. All-Knowing
3. All-Present
4. All-Wise
5. All-Powerful
6. All-Good
7. All-Loving
8. All-Faithful
9. All-Holy
10. All-Just
11. All-Merciful
12. Simple
13. Unchangeable
14. Eternal

## DRILL 88

### Blessed Trinity

1. The Father
2. The Son
3. The Holy Ghost

**DRILL 89**

**What Must We Do to Be Happy?**

1. Know, Love, Serve God in this world.
2. Love our neighbor as we love ourselves for God's sake.

**DRILL 90**

**Books of the Old Testament**

1. Twenty-one historical books
2. Seven moral books
3. Seventeen prophetic books

**DRILL 91**

**Books of the New Testament**

1. Four Gospels: St. Matthew, St. Mark, St. Luke, St. John
2. Acts of the Apostles
3. Fourteen Epistles
4. Apocalypse

**DRILL 92**

**Nine Choirs of Angels**

1. Seraphim
2. Cherubim
3. Virtues
4. Thrones
5. Powers

6. Dominations
7. Principalities
8. Archangels
9. Angels

#### **DRILL 93**

### **Great Prophets**

1. Isaias
2. Daniel
3. Jeremias
4. Ezechiel

#### **DRILL 94**

### **Minor Prophets**

1. Osee
2. Amas
3. Jonas
4. Zacharias
5. Joel
6. Habacue
7. Abdias
8. Micheas
9. Nahum
10. Sophonias
11. Aggeus
12. Malachias

## **DRILL 95**

### **Evangelists and Their Symbols**

1. St. Matthew—Cherub
2. St. Mark—Lion
3. St. Luke—Ox
4. St. John—Eagle

## **DRILL 96**

### **The Apostles**

1. St. Peter
2. St. Andrew
3. St. James the Greater
4. St. James the Less
5. St. John
6. St. Matthew
7. St. Philip
8. St. Thomas
9. St. Jude
10. St. Bartholomew
11. St. Simon
12. St. Matthias (replaced Judas traitor)
13. St. Paul as one born out of time (baker's dozen)

## **DRILL 97**

### **Names by Which Jesus is Known**

1. Savior



2. Redeemer
3. Christ
4. Lord
5. Second Person of the Blessed Trinity
6. The Word

#### **DRILL 98**

### **Names by Which Our Lady is Known**

1. Blessed Mother
2. Mother of God
3. Mediatrix
4. Co-Redemptrix
5. Mary
6. Our Lady

#### **DRILL 99**

### **Types of Our Lord**

1. Adam
2. Noah
3. Abraham
4. Abel
5. Jacob
6. Isaac
7. Joseph
8. Moses
9. David

10. Jonas
11. Melchisedech
12. Paschal Lamb
13. Brazen Serpent
14. Manna

#### **DRILL 100**

### **Types of Our Blessed Mother**

1. Eve
2. Ruth
3. Esther
4. Judith
5. Sarah
6. Rebecca
7. Rachel

#### **DRILL 101**

### **Seven Last Words of Our Lord From the Cross**

1. Father forgive them, for they know not what they do!
2. Mother! Behold Thy son; Son! Behold Thy mother.
3. I thirst.
4. This day thou shalt be with Me in Paradise.
5. My God! My God! Why hast thou forsaken me?

6. It is consummated.
7. Father, into Thy hands I commend My spirit.

## **DRILL 102**

### **Manifestations of Our Lord**

1. The Epiphany
2. Wedding Feast of Cana
3. Baptism of Our Lord
4. Multiplication of the loaves and fishes
5. Transfiguration on Mt. Tabor

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# Sacred Liturgy

## DRILL 103

### What is the Liturgy?

The liturgy is a collection of rites and ceremonies by which the Church expresses and manifests the religion by which she is united to God.

## DRILL 104

### Principal Books of the Roman Liturgy

1. The Missal—Contains the prayers and ceremonies of the Mass
2. The Breviary—Contains the Divine Office which all those in sacred orders are obliged to say every day in the name of the Church
3. The Roman Ritual—Contains the sacred rites to be observed in administering the Sacraments and other ecclesiastical functions
4. The Martyrology—Contains a list of Saints whom the Church commemorates from day to day
5. Latin Vulgate Bible—Contains the texts of Sacred Scripture used in the liturgy

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